



Kumquat, the plant

<http://www.wikimedia.org/> ; <http://jardim-mundani.info/> ; <http://www.flora-tokyo.de/>

Historical data



- First described in 1178 in China
- European description in 1646 based on account of Portuguese missionary to China
- Japan: 1712, list of plants
- Grown since 19th century in Europe and N. America: ornamental
- Currently, mainly grown in CA, TX, FL in U.S.

Linguistic data



- China: kumquat, cumquat, comquot: "gold orange"
- Japan:
 - Round fruit: kin kan or kin kit
 - Oval fruit: too kin kan
- S.E. Asia:
 - Round fruit: kin, kin kuit, kuit xu
 - Oval fruit: chu tsu or chantu
- Brazil:
 - Kumquat, kunquat, laranja de ouro, laranja dos orientais

Different types of kumquats

- Nagami' - *F. margarita* Swing. Also called **Oval or Long Kumquat**. Fruits are longer than wide, up to 4.5 cm long and 3 cm wide, with thin, yellow-orange peel. Most often cultivated kumquat in the United States.
- 'Meiwa', or **Large Round Kumquat** - *F. crassifolia* Swing. Possibly a hybrid between 'Nagami' and 'Marumi'. Round fruit, 4 cm wide, thick orange-yellow peel.
- 'Hong Kong', or 'Hong Kong Wild' - *F. hindsii* Swing. Fruit is **orange/scarlet** when ripe, round (1.5-2 cm wide), many seeds.
- 'Marumi' - *F. japonica* Swing. Also called **round kumquat**. Thin, golden-yellow peel surrounds aromatic and spicy pulp. Said to be most cold hardy of kumquats.



<http://www.uqa.edu/fruit/citrus.htm>

Food Value Per 100 g of Edible Portion (raw) (USDA data)

	Kumquat	Daily values
• Calories	274	2000 cal
• Protein	3.8 g	50 g
• Fat	0.4g	65 g
• Carbohydrates	72.1 g	300 g
• Calcium	266 mg	1000 mg
• Phosphorus	97 mg	1000 mg
• Iron	1.7 mg	18 mg
• Sodium	30 mg	2400 mg
• Potassium	995 mg	3500 mg
• Vitamin A	2,530 I.U.	5000 I.U.
• Thiamine	0.35 mg	1.5 mg
• Riboflavin	0.40 mg	1.7 mg
• Ascorbic Acid	151 mg	60 mg

Based on a 2000 cal diet: http://www.nutrition.com/rdi_page.html
